



## Breast Cancer Screening

# Finding cancer early

# before symptoms develop

# saves lives

Regular screening mammography is recommended for women and non-binary people with breasts *who have no symptoms* and are between the ages of **45-74**.

*It may be recommended that individuals with risk factors have a screening mammogram every year.*

### Risk Factors

- **Family history** - First degree family history (*parent, child, sibling with breast cancer*)
- **Genetics** - Confirmed BRCA1 or BRCA2 genes
- **Breast Density Category D** - extremely dense (as shown on previous mammogram)
- Radiation to the chest area
- Personal history of biopsies showing atypical ductal hyperplasia
- Personal or first degree family history of ovarian cancer

If you are between the ages of **40-44**, or **75** years and older, talk to your healthcare provider about whether a screening mammogram is recommended for you.



For more information, to find out how you can book a screening mammogram; or to opt out of the territorial screening program, email [breastcancercoordinator@gov.nt.ca](mailto:breastcancercoordinator@gov.nt.ca), call toll-free at **1-866-313-7989 - option 7**, contact your healthcare provider or visit: [cancernwt.ca](http://cancernwt.ca)

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